

LADY HELEN NURSERIES

Summer Bedding Plants 2026

Ready 22nd May onward

Price List & Plant Descriptions



Information About Our 2026 Season

We are on course to produce our annually enhanced range of bedding plants and a selection of vegetable plants.

Once again, we have decided to produce and sell only seasonal summer bedding as our main crop. Shrub and perennial sales have dropped off in the last few years whilst other business interests have grown.

Autumn bedding has also declined as the small range, Pansies, Polyanthus etc. can be easily stocked by most retailers. Our opening ours are now limited to May, June and part of July. Closed signs will be up until the 22nd May, but by phoning first you can collect or have delivered Tomato plants. We have not found a peat free compost suitable for retail yet, so no compost will be for sale this year.

IF YOU CAN'T VISIT THE NURSERY, WE CAN TAKE ORDERS FOR DELIVERY. SEE PAGE 5 FOR PICKING AND DELIVERY CHARGES.

01592 720740

Plants ready for sale 22nd May onward

You will find delivery information in this brochure but please refer to our [Facebook page](#) for any further news.

Why Buy From Us?

As one of the last traditional working nurseries left in Fife, we pride ourselves on the quality and range of our produce. Most of our bedding plants are sown on the premises and all are pricked out, watered and nurtured by hand.

Pesticides etc. used in production are kept to a minimum. Before sale, your plants are exposed to night temperatures to harden them off. The finished plants are ready to plant in your garden and will perform well into the autumn.

Growing Cool Saves Energy

Most bedding plants are tender and require frost protection at all stages of their production. Over the years, many retailers have been keen to have summer plants on their shelves earlier in the season, typically around Easter. To produce plants at this time they must be grown on in January and February in heated glasshouses using large amounts of energy.

We produce our plants for sale toward the end of May, the bulk are grown on in April and May, in unheated polytunnels and glasshouses.

Planting At the Right Time

Clear skies during the day in May often mean a frost is imminent at night, usually from 3am to sunrise. In 38 years of growing annuals, we have never experienced a frost-free May.

There is always a rush to get out into the garden when the sun shines, but we always urge our customers to hold off planting half-hardy annuals until the end of May when the soil is warmer.

Advice & Information

We know about the plants we produce and are always happy to talk to you about your garden, bring along your problems, we can usually help.

Most varieties will be ready for sale from the 22nd May

The rest will go on sale as they become ready.

Take note of our opening dates/times on back page.

Prices

Price per tray: £2-50

10cm premium pots: £1-40

10cm pots Tuberous Begonias £1-40

13cm (1litre) pot: £2-30 - £3-50

Prices For Filling Baskets, Pots etc.

We offer a huge range of premium plants for hanging baskets and pots. If you bring your own basket or tub to be filled, you will have a choice of styles and prices. You can arrange to pick it up 5 to 7 days later.

Please note that no baskets can be filled until the 5th June. Also wrought iron type baskets and troughs that were sold new with a coir liner that has disintegrated cannot be filled as we have no supplier for new coir liners.

Compost used for baskets and tubs is our own formulation containing water retaining polymer, perlite and slow release fertiliser.

Prices are for filling customers own baskets and pots depend on the size and content required, please ask for a quote. these will be filled from the start of June onwards.

Hanging Baskets .

Wicker Baskets (Black Rattan)
14" From £25 supplied and filled.

Placing an Order

Post to: Lady Helen Nurseries, Cardenden, KY5 0AL

Or telephone: 01592 720740 between 9am and 6pm

If you can email it would be preferred

E-mail:) ladyhelennurseries@btconnect.com

Please be specific as to the varieties, colours and quantity you require: *Plant name, variety, colour quantity and size, e.g.*

Petunia, trailing Surfinia Hot Pink 5 x 10cm pots

Lobelia, upright white 2 trays of 9

No calls before 9am or after 6pm please

Delivery

Within 10 mile radius of nursery: Under £15 £3 charge,
orders over £15 and under £30
£2-00 charge, Orders over £30
free.

Over 10 mile radius: Orders over £30 please and
donation to driver.

Deliveries can be anytime between 4pm and 7pm at our convenience.

Timed deliveries £5 within 1-hour slot on customers instruction.

Kirkcaldy area Monday and Thursday.

Glenrothes area Wednesday and Saturday.

Dunfermline area ...Tuesday and Friday.

***Please refer to our Facebook page for any updates on the
above.***

***There have been a few supply issues this year with seed
and cutting raised plants, as a result a small number of
varieties may be late or unavailable***

BEDDING PLANTS 2026

A

AGERATUM F1 Hybrid 'Champion Blue' Clear mid-blue tufts of flowers on compact plants. Ht. 15cm 6 per tray



6 per tray.

ALYSSUM 'Clear Crystals' An excellent white Alyssum with clusters of fragrant flowers, compact and uniform. Ht. 15cm, Spread 30-35cm

9 per tray.

ANAGALLIS 'Skylover' A profusion of stunning cornflower blue flowers with a pendulous habit, perfect for baskets or containers.

10cm pots

ANTIRRHINUM F1 Hybrid 'Sonnet Mixed', Vigorous, well branched plants. Strong regrowth after deadheading 45cm.

6 per tray.

B

BACOPA Basket or container plant, masses of small flowers, delicate green foliage. Varieties available in Pink with darker pink centre, White, Yellow (Mecardonia).

10cm pots.

BEGONIA Semperflorens F1 Hybrid Dark leaf. Mixed, and single colours of Red, Pink, Rose, White. Bronzed foliage contrasts superbly with flowers. Begonias prefer a shady spot. Green leaf. Glossy green foliage, bright colour range. Mixed, and single colours of Red, Pink, Rose, White. Height 20cm

All 6 per tray.

BEGONIA Tuberous '**Nonstop**' types. Large double flowers in colours, Dark Rose; Deep Red; Orange Shades; Salmon Bicolour; White; Yellow. Popular, showy plants, they are tolerant of drought and shade, direct sunlight can scorch the leaves. Tuberous Begonias are the Gas Guzzlers of the bedding plant world, requiring more heat to grow over a longer time than any other. Watch out for mildew after August when nights cool a little. We have been forced due to fuel prices to increase the price of these by 10%.

10cm pots single colours £1-40.

All tuberous Begonias ready mid June. Order early if you want over 10 Very slow growth this year due to a cold April. Don't be surprised if we ask you to wait another week.

BEGONIA Tuberous '**Illumination**' Series'. Established as the best trailing tuberous Begonia for baskets, an abundance of 2" wide flowers. Colours available Apricot; Golden Picotee; Orange; Rose; Salmon Pink, Scarlet.

10cm pots. £1-40

Best planted in June. Order early if you want over 10.

BIDENS 'Spotlight'. Attractive two tone flowers, yellow with white picotee edge. Flat spreading habit, attracting lots of pollinators such as bees and butterflies. **'Bee Giant Yellow'** A rounded, well-shaped plant with large yellow flowers. **'Blazing Ring of Fire'** Burning orange and golden honey hues, mounded semi trailing **'Blazing Embers'** Vibrant orange mixed with delicate bright yellow centre, compact. **'Blazing Star'** Burnt orange with bright yellow edge, mounded semi trailing. Suitable for planting in pots and hanging baskets. Height 30cm

10cm pots.



Spotlight



Blazing Embers



Blazing Star

C

CALENDULA 'Daisy Mix' A small flowered 'pot marigold' with compact habit. Mix of apricot, yellow, orange and lemon. Height 15cm

6 per tray

CALIBRACHOA The name used for **'Million Bells'** type mini Petunias. Well branched mounding and trailing habit with an abundance of flowers all summer. **'Calista Cappuccino'** Unique colour and pattern. **'Colibri'** Orange. **'Eyeconic'** Cherry Blossom pink with strong eye colour, Purple, dark purple centre with lighter purple edge. **'Lia'** Dark red, White, Yellow. **'Rave'** Violet.

10cm pots

CENTRADENIA Bushy, semi-trailing, bronze foliage, magenta flowers in abundance. Use to add variety to containers and baskets. Often overlooked, always reordered!

10cm pot.

CINERARIA 'Silver Dust' Deeply cut lacy leaves compact plants. Mix and match with just about anything. Frost hardy so still looks good in winter, with pansies. Height 25cm

6 per tray.

CONVOLVULUS 'Sabatius' Bushy, trailing plants, smothered in soft clear blue trumpets, attracting a wealth of pollinating insects. The RHS has also given it an Award of Garden Merit AGM

10cm pot



COSMOS 'Sonata Series'. Compact annuals to 50cm, with finely dissected leaves and single, daisy-like flower-heads with yellow centre. Available in pink, white, purple shades and mixed.

6 per tray.

D

DAHLIA Bedding Dahlias remain a firm favourite, with brilliant displays of colour flowering late summer onwards. 'Figaro Mixed' Early, dwarf, double flowers. 'Redskin' Bronze leaves. Both very showy, easy to grow plants. Height 30cm

6 per tray.

DAHLIA *We are delighted to offer the following stunning varieties. Modern varieties of Dahlia combine earliness and brilliant colour.*

DAHLIA 'Dalaya Series'. A high impact plant with striking large showy flowers. Good outdoor resilience with season-long blooms.

Height 30-40cm



Aruna



Desna



Indira



Saira



Suna



Yogi

1 litre pots £2.60

DAHLIA 'Maxi' Producing double flowers with striking tubular petals for bold summer colour. Height 40-60cm



Cancun



Orange Blast

DAHLIA 'Dreamy Nights' RHS Award of Garden Merit., featuring dark bronze foliage with vivid fuchsia pink semi double flowers with dark red centers. Height 40-50cm

1 litre pot £2.50

DAHLIA 'Bishop Of Llandaff' Dark foliage with single brilliant red flowers. Height 60cm

1 litre pot £2.50.

DAHLIA 'Mystic Dreamer' Dark foliage with single pink flower with lighter pink edge. Height 80cm

DAHLIA 'Moonfire'. Dark foliage and single, peach flowers with bright band of orange around centre and a dark eye. Height 60-70cm

1 litre pot £2.50.

DIANTHUS 'Diana' Crimson, Deep Rose Shades, Purple Centred White, White, Mixed. This dwarf, compact and well-behaved dianthus has fabulous flowers Height 20-25cm

4 per tray.



E

EUPHORBIA 'Glamour' Long lasting sparkling white flowers on dark green foliage. Excellent for mixed containers and baskets. Height and spread 38cm

10cm Pots.



F

FUCHSIA A nice selection of basket and bush types. Fuchsias give an excellent, economical and long lasting display.

10cm pots.

Varieties this year are:

Bush type: 'Mandarin Cream', 'Bella Evita' 'Bella Mariska' 'Carmel Blue' 'Walz Jubelteen

Trailing type: 'Blue Angel', 'Golden Swingtime', 'Harry Gray', 'La Campanella', 'Millennium', 'Patio Princess', 'Tom West'

G

GAZANIA 'Kiss' series. Large, daisy-like flowers on compact plants, very free flowering. Use for bedding out or in planters. Gazanias have wildly extravagant flowers from June to October. Ready end of may.

4 per tray.

GERANIUM F1 Hybrid 'Horizon' series smothered in flowers all summer, early, reliable, drought resistant, hardworking and will not let you down. They come in New Star, Orange, Red, Salmon, Violet, White, and Mixed.

All 4 per tray.

GERANIUM Ivy Leaf (trailing): used in window boxes, tubs and baskets. Double flowered: Royal Scarlet, Sweet Candy (white red border), Rocky (pink), Polly (orange) 10cm pots

GERANIUM Top-quality zonal Geraniums from cuttings, these are star performers

Dark Leaf 'Pac' Albelina (dark red) and 'Moonlight' Loki (salmon/white edge)

Green Leaf 'Pac' Morning Sun (orange) Shocking Pink (pink).

All 10cm pots.

GERBERA 'Revolution Mix' Compact and uniform plants short-stemmed with stunning colours. Height 20-30cm

1L Pots £2.30



IMPATIENS (**Busy Lizzie**) '**Beacon Series**' High resistance to Impatiens downy mildew. Bright Red, Orange, Violet Shades, White, and Mixed.

6 in tray.

IMPATIENS '**Sunpatiens**' This is the best New Guinea type ever. Not only does it tolerate sunshine but also thrives in inclement weather. Suitable for large planters or beds and borders. 12-18" mounds of colour. Available in Blush Pink, Lilac, Candy Red, Electric Orange, Red, White.

All in 1L pots £2.30

INDIAN MINT Spectacular, highly fragranced mint foliage, trailing up to 1 metre.

10cm Pots.

L

LOBELIA **Upright types.** , Midnight Blue, Sky Blue, Mixed, Rose, White.

9 per tray.

LOBELIA **Trailing types.** Lilac, Mixed, Rose, Midnight Blue, Sky Blue, White. Ready start of June.

9 per tray.

LOBELIA '**Africo**' A cutting raised lobelia, producing a large amount of flowers with a semi-trailing habit also attractive to butterflies and bees, available in blue, '**Firefly**' Vibrant pink bicour flowers on a compact trailing plant, eye catching in a hanging basket.

10cm pots.

LYSIMACHIA 'Gold'. Basket or tub trailer. Gold foliage and small yellow flowers. Quite invasive in small baskets. **'Midnight Sun'** Dark Chocolate foliage with contrasting yellow flowers.

10cm pots.

M

MARGUERITE 'Simba' Available in pink, white or yellow. Height 28cm

10cm pots

MARIGOLD AFRICAN 'Antigua' Big Bold flower heads all summer long Mixed, Orange or Yellow. Star performers. Height 25 cm

6 per tray.

MARIGOLD French. Orange, Spry, Yellow, 'Flame' (red/gold bi-colour), 'Bee' yellow/mahogany bi-colour and Mixed. Height 25 cm.

9 per tray.

MESEMBRYANTHEMUM (Livingston Daisy) 'Magic Carpet Mixed'. Colourful and popular mix.

9 per tray.

MIMULUS 'Mystic Mixed', mixture of oranges, reds, creams, Rose and yellows- Some spotty! Good in baskets, tubs, and for bedding out. Height 20 cm

6 per tray.

MIX MASTERS 3 plants in 1L pot. These are 'tried and tested' cutting raised varieties and colours to give a structured mix of flowers ideal for pots and hanging baskets.

'Circus Parade' red verbena, yellow bidens and blue lobelia

'Heat Me' blue verbena, red petunia and lilac lobelia

'Pink Flirt' purple verbena, white petunia and pink lobelia

N

NASTURTIUM 'Alaska'. Semi-double flowers, trailing type for baskets etc. 6 per tray. Height up to 40 cm

6 per tray.

NEMESIA Unique cutting raised varieties for extra performance in a variety of separate colours: 10cm pots

'Wisley Vanilla' white with very pale pink flush on upper petals and a yellow eye; strongly vanilla-scented.

'Amelie' strongly scented pale lilac pink flowers.

'Sunpeddle' yellow/white flowers

'Marshmallow' pale pink with yellow centre

10cm Pots

NEPETA Basket /Patio foliage plant. Variegated, cream and green foliage, profuse trailing habit. Quite invasive.

10cm pots.

O

OSTEOSPERMUM 'African Daisy' Lovely compact plants with daisy like flowers. Height 25-30 cm. 10cm pots Available in;

'Senoritas 'Alexia' orange

'Senoritas 'Jutta' purple

'Senoritas 'Lia' pink/purple

'Senoritas 'Lucia' orange/yellow

'Senoritas 'Marie' yellow

'Senoritas 'Monica' pink/white centre

'Senoritas 'Sevilla' vermillion orange/yellow eye

'Dalina Double 'Blue Ice' white outer petals/blue double centre



Senoritas Lucia



Senoritas Lia



Senoritas Marie



Senoritas Lia



Senoritas Sevilla



Dalina Double Blue Ice

P

PANSY F1 'Inspire Deluxe Mixed' Large flowers for a summer pansy. Mixed.colours Ready June.

6 per tray.

PETUNIA 'Mambo series'. Compact, non-stretching variety in a good range of colours. Blue, Blue Vein, Orchid Pink Vein, Red, Sweet Pink, White and Mixed.

6 per tray.

PETUNIA 'Surfinia' Trailing big and blousy, Very popular for baskets and ground cover. Available in Deep Red, Purple, Heavenly Blue, Hot Pink, Hot Salmon, Lagoon Blue Star, Sweet Pink, Violet, 'BeautyCal' Cinnamon, Pearl White, Red Maple, Sunset Orange, French Vanilla, Purple Dawn, Rose Star. 'Cascadia' Rim Cherry, Rim Violet.

10cm pots



PETUNIA Novelties Trailing 'Electric Sky' light pink with white speckles, 'Midnight Sky' deep blue with white speckles, 'Lightning Sky' burgundy with white speckles. 'Queen of Hearts' deep pink with yellow pinstripe 'Bees Knees' Intense yellow blooms with soft cream edge. 'Fanfare Heartbeaker' semi trailing burgundy with yellow pinstripe. 'Lavender Blush' semi-trailing lavender with white picotee.

10 cm pots



Petunia Amore Queen of Hearts.

PETUNIA Novelties Bush 'Black Velvet' The worlds first black petunia. Upright and mounding habit. Ideal for mixed planting, try with white Euphorbia or yellow petunias. **'GoTunia'** Cosmic Pink and Cosmic Purple, Tiger Stripe (yellow with dark purple stripe) amazing colours.

10 cm pots



Black Velvet



Cosmic Purple



Cosmic Pink

S

SALPIGLOSSIS 'Royale Mixed' Trumpet shaped blooms with distinct veining on the petals. Height 45cm

6 per tray

SALVIA 'Maestro Red' An excellent Salvia with long lasting spikes of scarlet flowers over dark green foliage. Ready June

6 per tray.

SANVITALIA 'Starbini' A profusion of small yellow flowers on compact plant.

10cm pots.

SCAEVOLA 'Stardiva' Compact, free flowering plant with trailing habit. Masses of fan shaped blue or white flowers all summer. 'Surdiva' pink flowers. Irresistible to fairies, who use the flowers as fans on hot days.

10cm pots.



SWEET PEA 'Spencer Mixed'. Tall type, balanced colour blend, waved petals. Very fragrant. The most scented varieties of Sweet Peas have been selected to make a superb aromatic mix.

6 per tray.

V

VERBENA Quartz Mixed. Strong garden performance, very floriferous. Height 20 cm

6 per tray.

VERBENA Trailing. Excellent varieties for hanging baskets or container work. Red, White, Blue, Pink Bicolour, and Pink.

10cm pot.

Vegetables

Courgette F1 'Midnight'. High yielding. Dark green glossy fruits of very compact, completely spineless plants.

10cm pot.

Cucumber F1

'Carmen' . This all female cucumber produces an abundance of dark glossy fruits. It has resistance to all known strains of Powdery Mildew, scab and leaf spot which is very important for the home gardener who does not want to use chemicals (like us).

'Picolino' . Again an all female which produces a high yield of mini fruits which are thin skinned with a juicy flesh.

10 cm pots

Leek 'Exeter'. This leek is ideal for harvesting in autumn/winter. The plants are erect with long shanks and medium green foliage.

9 per tray.

Tomato Plants ready Start of May

'Ailsa Craig' . Heavy yield of extremely well shaped fruit of high quality and flavour.

'Alicante' Early cropper with smooth skinned, fleshy fruit. Still a popular variety.

'Gardener's Delight' An old variety but still as popular as ever. The numerous small fruits have a fine tangy flavour.

'Honeycomb' F1 These very flavoursome golden-orange coloured cherry tomatoes came out tops in many taste tests. It is an improvement on 'Sungold' (Maggie's favourite for the past few seasons) displaying less fruit splitting giving a juicier flavour touched with a unique aftertaste of honey. WOW what's not to like.

'Honey Delight' Yellow cocktail tomato (slightly larger than a cherry) with a balanced refreshing flavour.

'Moneymaker' Very popular original variety, heavy cropper red fruits.

'Shirley' F1 A very popular heavy cropping variety, producing tasty, good shaped fruits.

'Sweet Aperitif' This open pollinated cherry tomato produces a very high yield of bright red fruits with an exceptional flavour, with high levels of sugar and acid combining to give a sweet taste with a refreshing tang.

10cm pot

How to find Lady Helen Nurseries KY5 0AL

FROM DUNFERMLINE

Come off A92 at Lochgelly slip road, turn right follow road past loch and carry on to Shawsmill (2 miles) turn left at sign for Cardenden, the nursery is half a mile on the right. You can see glasshouses from road.

FROM KIRKCALDY

Head for Cardenden from Cluny, turn left at sign for Dundonald (Station Road). Continue on road for approx 1 mile, the nursery is on the left hand side at the top of the hill. Look for sign warning of horses on road.

FROM GLENROTHES

Head for Cardenden from Kinglassie, turn left at the Auld Hoose, continue through Bowhill and turn right at the sign for Dundonald, just after Tesco, carry on for 1 mile, the nursery is on the left at the top of the hill. Look for sign warning of horses and riders on road.

Opening Hours

Bedding season: 22nd May to 30th June open 9am to 6pm.

Closed from early July until next season.

Ross Recollects

40 years ago, I was in the process of buying an acre of land at the back of my house from I and H Brown of Perth who owned the farm and were open cast mining coal before the A92 could be built.

I was, at the time working as a gardening instructor at Woodlands Centre in Dunfermline. The centre gave people with learning difficulties valuable occupation and purpose. I suppose I would have the title of Horticultural Therapist these days. Although I enjoyed the work, seven and a half years in the Social Work Department found me looking for less bureaucracy and more independence.

Independence came with saying farewell to a salary and eventual Council pension. (Serendipitously, the small council pension I get now almost exactly pays for my Council Tax)

Love or hate the Government of the late eighties but the incentives to become self-employed were many. I took full advantage of free business courses, cheap loans from the Coal Board and Fife Council, help with initial accountancy fees and a supportive Royal Bank manager. It would be interesting to find out what incentives there are today for small business start-ups, especially a real live bank manager!

To start earning I did years of gardening work as the nursery got established, I really don't want to see another concrete slab or roll of turf ever again! Overall, though, self-employment has been rewarding.

Many of you will know that I have spent many years involved in the floral enhancement of local towns and villages, I decided last year to bow out of my involvement in Dunfermline City Centre as the work was getting too burdensome. The nursery

however is still thriving and looking forward to future challenges.

One of those challenges is going peat -free. This year I have formulated the compost to 75% peat-free with reasonable success. The compost is more fibrous and open textured and will need to be adjusted to a freer flowing substrate next year to better suit our tray filling machine. That and better water holding would save leaching of fertiliser. More work to be done!



A view from the bottom of the acre of Barley stubble purchased 40 years ago. Now Lady Helen Nurseries.